

ENJOY YOUR VETTÄ NORDIC SPA HYDROTHERAPY CYCLE





















-  **HOT** 15-20 minutes
-  **COLD** 5 Seconds
-  **RELAX** 20+ minutes

Respectful Social Zone 1 - 11

Here we talk, laugh and spend time in conversation with others.

Respectful Quiet Zone A - E

Here we whisper, and we spend time reflecting on our thoughts.

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|---|---|--|---|
| <p>1 VETTÄ MAIN BUILDING </p> <p><u>Upper Level</u>
Massage Appointments</p> <p><u>Entrance Level</u>
Registration
KOIVU Restaurant</p> <p><u>Lower Level</u>
Change Rooms
Washrooms
SAVU Bistro
Boutique</p> | <p>3 LÄMMIN POOL </p> <p>Warm relaxation pool</p> | <p>8 SISU  </p> <p>Large wood burning sauna with three external cold plunge buckets</p> | <p>A KIVI </p> <p>Hot stone room</p> |
| <p>2 KERÄTÄ POOL </p> <p>Warm relaxation pool with two waterfalls</p> | <p>4 VIRTA </p> <p>Cold plunge pool with cascading waterfalls</p> | <p>9 LÄMPÖ POOL </p> <p>Warm relaxation pool</p> | <p>B MINÄ </p> <p>Relaxation room with gas burning fire</p> |
| <p>5 SUMU </p> <p>Two steam rooms</p> | <p>6 LUONTO </p> <p>Indoor/outdoor gas burning fire</p> | <p>10 HARMONIA </p> <p>Large wood burning sauna with shower room and exfoliating salt rub</p> | <p>C METSÄ POOL </p> <p>Warm relaxation pool</p> |
| <p>7 KIRKKO </p> <p>Small sauna</p> | <p>11 SUVI </p> <p>Relaxation room</p> | <p>D TYJNI  </p> <p>Small sauna with external cold plunge bucket</p> | <p>E JÄÄ </p> <p>Cold plunge pool</p> |